## MHC 8064

(02/2019)

## COLLEGE OF SOCIAL & BEHAVIORAL SCIENCES BASIC COURSE INFORMATION

**COURSE TITLE**: Advanced Seminar: Motivational Interviewing

**COURSE NUMBER:** MHC 8064

**COURSE DESCRIPTION**: This course introduces students to the processes and concepts of Motivational Interviewing, a collaborative, person-centered counseling style for addressing

A-3 Understand current literature describing evidence-based treatments that utilize Motivational Interviewing, including strategies and techniques shown to be effective when working with specific populations of clients with mental and emotional disorders. (CACREP STANDARDS F.5.j, F.8.b