

WILMINGTON UNIVERSITY
COLLEGE OF SOCIAL & BEHAVIORAL SCIENCES
BASIC COURSE INFORMATION

COURSE TITLE: Adolescent Development
COURSE NUMBER: PSY 332

I. COURSE DESCRIPTION

This course provides an overview of the significant developmental stages of adolescent growth. Consideration of this stage spans preadolescence and extends into early adulthood. Special emphasis is placed on the sequences of social and emotional development common to all adolescents.

II. MAJOR INSTRUCTIONAL GOALS:

GOAL A:

The student will demonstrate an understanding of the significance of this stage of development in relationship to other stages.

Learning OutcomesThe student will:

- A-1 Explain the influence of early and middle childhood on adolescence.
- A-2 Identify the effect of adolescent development on adulthood.

GOAL B:

The student will show understanding of significant milestones of development during this stage.

Learning OutcomesThe student will:

- B-1 Identify physical changes during adolescence with emphasis on the influence of puberty/sexual maturity.
- B-2 Identify cognitive changes in adolescence with an emphasis on the shift to formal operations.
- B-3 Identify changes in social development including same and opposite sex relationships.
- B-4 Identify psychosocial changes (identity vs. role confusion).

B-5 Describe the interconnectedness among the various domains of development (e.g. how physical changes influence social interactions).

GOAL C:

