

WILMINGTON UNIVERSITY
COLLEGE OF SOCIAL & BEHAVIORAL SCIENCES
BASIC COURSE INFORMATION

COURSE TITLE: Losses and the Grief Journey

COURSE NUMBER: PSY 484

I. COURSE DESCRIPTION:

This course is an introduction to the importance of the anticipated and actual grieving process in all of life's losses. This course will help students identify patterns due to cultural background, circumstances of loss, personality, age, spiritual energy, and other factors of individual grief journeys.

II. MAJOR INSTRUCTIONAL GOALS:

GOAL A:

Describe the process of dying.

Learning Outcomes: The student will:

A

Learning Outcomes: The student will:

B-1 Identifying the stages of grief.

B-2 Identify the tasks (identified with the stages).

GOAL C:

Examine how factors such as age, gender, cultural beliefs, circumstances of loss, personality and spirituality effect both the process of death and grieving.

Learning Outcomes: The student will:

C-1 Be more aware of the differences as well as universal process.

C-2 Identify their own personal grieving characteristics.

GOAL D:

Identify community resources while provide support for these processes.

Learning Outcomes: The student will:

- D-1 Acquire information concerning local/nationwide support.
- D-2 Identify their own resources and support systems.

GOAL E:

Discuss current issues related to death such as AIDS, life prolonging medical interventions, living wills, and assisted suicide.

Learning Outcomes: The student will:

- E-1 Identify types of deaths associated with complicated grief.
- E-2 Become aware of some religious beliefs surrounding current issues.

GOAL F:

State a personal philosophy about death and dying.

Learning Outcomes: The student will:

- F-1 Become aware of their own personal beliefs concerning death and dying.
- F-2 Identify factors that have led them to their own personal philosophy.

GOAL G:

Demonstrate effective communication through proficient and appropriate written and oral communication.

Learning Outcomes: The student will:

- G-1 Communicate information orally in a logical and grammatical manner.
- G-2 Present written information using standard APA style.