

**WILMINGTON UNIVERSITY
COLLEGE OF SOCIAL AND BEHAVIORAL SCIENCES
BASIC COURSE INFORMATION**

COURSE TITLE: Internship in Behavioral Science (Psychology majors)

COURSE NUMBER: PSY 490/491/492/493/494

I. COURSE DESCRIPTION:

Under the guidance of the Academic Internship Coordinator for Psychology, the student will complete 100 documented hours as an intern in a work site approved by the Wilmington University Internship Coordinator, participate in Discussion Boards, complete Journal reflections, and create an academic portfolio as well as an enhanced professional resume.

As Psychology professionals, we recognize that reactions to trauma come in many forms. The content of this course, and working in an internship with other staff, volunteers, and clients who may have been survivors of trauma, and discussions about trauma from different perspectives, may bring about unexpected and unsettling reactions. Responses to trauma are often strategies that survivors have developed to keep themselves safe, and therefore really reflect strength and resiliency. Recognizing how trauma impacts anyone is an important part of skill building for creating trauma-informed services and systems. Please do not hesitate to contact the instructor at any time during the course.

QA:

Develop personally from an internship experience by using a stage model of the internship experience to successfully move through the stages typical for internships and new jobs. Students will use the internship experience for personal growth by learning about themselves within the world of work.

Learning Outcomes: Students will:

- A-1: Describe the developmental stages of an internship, with associated concerns and response strategies for each.
- A-2: Develop a deeper awareness of themselves and others through personal reflection journals and discussions with other students in similar and different internship experiences.
- A-3: Evaluate personal career and academic plans for a profession in the field of psychology.

- A-4: Evaluate personal growth and changes in skill development over time at a worksite, and who and what was involved in the changes, and what that means for future career development.
- A-5: Demonstrate problem solving skills by using information, theories, and critical thinking to meet the challenges at the work site.

GOAL B:

Develop professionally from an internship experience by using a stage model of the internship experience to successfully move through the stages typical for internships and new jobs.

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